

What can Altrusa offer you?

- An opportunity to use your time and talent to enrich the lives of others.
- Lasting friendships.
- Personal leadership development as you assume positions of responsibility in the club, or serve at the District or International levels.
- A unique opportunity to work with local civic and volunteer groups on service projects.
- Stimulating programs and speakers that broaden your knowledge on a wide range of subjects.
- Personal contacts that evolve when business and professional people meet and work together toward common goals.
- An opportunity to mentor new members.
- Participation in the Altrusa Foundation which provides assistance to individuals and helps carry out projects.
- The satisfaction that comes from being involved in activities that will make your community a better place to live and work.



PATRIOTISM • EFFICIENCY • SERVICE



Altrusa of Lexington
P. O. Box 22564
Lexington, KY 40522-2564
www.altrusalexky.com

Altrusa

Leaders In Service



An International Organization
of Professionals Dedicated to
Community Service

May we go forth with high ideals. To greet our fellow man: Be true to all Altrusa aims. Until we meet again (Altrusa's Benediction)



www.altrusa.com

What is Altrusa?

Altrusa is an international network of executives and professionals in diversified career classifications, dedicated to improving their communities by personal service. Through their local clubs, members unite their varied talents in service to others. Altrusa is recognized internationally for the significant contributions of its clubs and members.



The Lexington Club

Altrusa offers a unique opportunity to make Lexington a better community in which to live.

The Lexington Club functions with a board of directors, a strong committee system and monthly membership meetings allowing every member to be personally involved in club projects and decisions.

The club assesses the needs of the community and strives to meet the ever-changing landscape of Lexington. Altrusa provides multiple opportunities throughout the year to serve Lexington, whether it's collecting personal care items for the homeless, donating children's books for the Bookstart program for Headstart Kids, or participating in a local charity walk; we provide an opportunity to serve and a way to do it with others.

Altrusa's international philanthropic effort surrounds the issue of literacy. On the local level many of our service projects involve promoting literacy in our community, and celebrating those who achieve literacy and strive to better themselves through education.



Local Projects

Altrusa of Lexington is involved in numerous community service projects, providing the membership with varied opportunities to make the Bluegrass a better community in which to live.

Mighty Moms – provides moms who care for children with severe developmental disorders a fun and relaxing weekend.

Brains and Bellies – this is a regularly scheduled night of reading and fun for children ages 2 to 5 with an accompanying parent. Each child receives a book and snack.

Monthly Service Projects – are scheduled throughout the year and provide opportunities for personal service. These include: Florence Crittenton, HUGS (hats, underwear, gloves and socks), Humane Societies, God's Pantry, Ronald McDonald House, Salvation Army, Partners for Youth, KET telethons, Center for Creative Living, the Detention Center, Hope Center and many more.

Altrusa's Tradition

Altrusa was founded in April 1917, in Nashville, Tennessee, for business and professional women. Altrusa developed innovative programs in vocational guidance and public education. The organization, now open to both men and women, continues to serve the world and its surrounding communities.

Altrusa International has clubs in 19 countries and territories, with over 400 clubs and a membership of over 10,000.



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Meetings are the third Thursday of every month.

Please check our web site for time, location and reservations.

